

# inspirED Project Ideas

We are excited you've joined the inspirED community! Use these project ideas to inspire and kick-start your inspirED Team. Choose projects you are passionate about and start making your school a more positive place. Be sure to post progress to our Facebook groups: *inspirED Changemakers* (for students) and *inspirED Educators* (for educators/administrators) to connect with a nationwide community of amazing people focused on creating positive change.

## Event-based Projects

These ideas are short-term projects that you can quickly launch! Gather your team and choose an idea that you are passionate about and addresses an area of need for your school. Keep in mind that each school faces different challenges, so feel empowered to customize/mix-and-match these ideas based on your community so they work best in engaging your entire student body.



### Diversity Learning Day

Host an event focused on celebrating the cultural diversity at your school. Use music, art, food and more!



### Bring a Parent / Guardian Day

Organize a day where students bring their parents/guardians to class.



### Storytelling Assembly

Host an event at your school where students present stories from their lives based around a common theme.



### Student Giveback Day

Reverse the roles at your school for one day so students do the jobs of staff members (teachers, custodians, etc.).



### Talent Show/ Lip Sync Contest

Showcase the talents of students at your school.



### Field Day

Organize a day-long event to promote teamwork and physical activity at your school.



### Lunch Scramble

Everyone is randomly assigned to sit with different people at lunch in order to meet new people.



### Reverse Prom

Students throw a dance party for teachers and their families.



### Charity Spotlight

Invite your favorite local non-profit to your school for a fundraiser/information session.



### School Contract

Create and decorate a set of student guidelines around safety and respect to post in your school.



### Green Initiative

Plant trees in a neighborhood park or start a garden at your school.



### Career Fair

Host a career fair where parents/guardians share their professional expertise.



### Passion Olympics

Students share their passions/hobbies/skills in a series of events to foster inspiration and connectedness.



### "Academy Awards"

Host an awards ceremony to recognize staff and students who are making a difference in your school.



### Mural Painting

Paint a mural to improve the look of your school based on an inspiring theme.



### Top Chef or Project Runway

Value different skills and interests through creating competitions around cooking, fashion or other topics.



### Political Speaker Series

Invite a local politician to come speak about issues that are important to you and ways to get politically involved.



### Community Outreach

Organize a field trip into the community to give back to local charities or people doing important work.



### School Spirit Week

Coordinate a week full of themed days at your school focused on building community and excitement.



### Dance Around the World

Host a school dance with music from other countries/cultures.

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Remember that emotions matter! Research shows that we can promote positive emotions with our actions, mindsets and goals. The change you want to see in your school is now in your hands! Connect with us on Instagram and Facebook for more inspiration, special events and updates. Reach out to us at [inspired@fb.com](mailto:inspired@fb.com) for support from our team and the opportunity to have your stories featured.

## Ongoing Campaigns

These ideas are long-term projects that take longer to launch, running anywhere from a month, a semester or even a whole school year. Gather your team and choose an idea that you are passionate about and addresses an area of need for your school. Keep in mind that each school faces different challenges, so feel empowered to customize/mix-and-match these ideas based on your community so they work best in engaging your entire student body.



### Meditation and Yoga

Add meditation/yoga to your school's routine through study halls, advisory periods and after school time.



### School Instagram Account

Create a school or class Instagram account to share news, student stories and weekly school happenings.



### Supporting Sports

Organize at least one match/game for each athletic team where you try to get high attendance.



### Peace Room

Create a peace room for students to use to take breaks and relax.



### Book Swap

Coordinate a school-wide book swap where students and teachers share their favorite books with a note describing the significance each book holds for them.



### Big Sib, Little Sib

Start a big brother/big sister program that matches incoming freshmen with seniors.



### Language Lunch

Start a language table at lunch to give students more opportunities to speak foreign languages (e.g. *Spanish table, French table, Chinese table, etc.*).



### Interest-based Mentorship

Start a mentorship program at your school where students and teachers are matched by interest (e.g. *guitar, cooking, etc.*).



### Speak Love

Start a movement to reduce bias, rumor-spreading, negativity and derogatory language.



### Pause Bell

Set up a bell on the loudspeaker in your school that goes off a few times a day. Every time the bell rings, everyone must stop what they are doing and take three deep breaths.



### Student-to-Student Mentoring Program

Start a program at your school for mentoring or tutoring elementary school children.



### Journal Swap

Coordinate pairs of students (even those who might not already know each other) to write in journals each week/month, and then non-judgmentally share with each other, without comments or criticism.